

OTHER INFORMATION

Afterwards

1. Before leaving, remove all trace of the event from the area. Clear litter, remove signs and check that toilets are left in a clean state.
2. Acknowledge any help from local people and report any problems immediately.

CODE OF PRACTICE INFORMATION

Leading organisers of charity challenge events, the National Parks and the Institute of Fundraising have worked together to produce a Code of Practice, 'outdoor fundraising events in the UK'. For a full copy of this code, contact the Institute of Fundraising or visit the website, www.institute-of-fundraising.org.uk. The Institute of Fundraising is the only professional body in the UK representing fundraisers and fundraising. Its aim is to promote the highest standards of fundraising practice. The Institute produces 'Codes of Fundraising Practice for all voluntary and community organisations', of which 'outdoor fundraising events in the UK' is one.

USEFUL ADDRESSES



The Lake District National Park

Murley Moss, Oxenholme Rd, Kendal, Cumbria, LA9 7RL
+44(0)1539 724555
www.lake-district.gov.uk

Snowdonia National Park Authority

Penrhyndeudraeth, Minssordd, Gwynedd, LL48 6LF
+44(0)1766 770274
www.eryri-npa.co.uk

The Highland Council

Lochaber House, High Street, Fort William, Highland, PH33 6EL
+44(0)1397 707256
www.highland.gov.uk

The National Trust for Scotland

Wemyss House, 28 Charlotte Square, Edinburgh,
Scotland, United Kingdom EH2 4ET
+44(0)131 243 9300
www.nts.org.uk

The National Trust

36 Queen Anne's Gate, London, SW1H 9AS
+44(0)207 235 0511
www.nationaltrust.org.uk

Country Landowners Association

16 Belgrave Square, London, SW1X 8PQ
+44(0)207 235 0511
www.cla.org.uk

Countryside Agency

John Dower House, Crescent Place, Cheltenham, GL50 3RA
+44(0)1242 521381
www.countryside.gov.uk

The John Muir Trust

41, Commercial Street, Edinburgh, EH6 6JD
+44(0)131 554 0114
www.jmt.org

Institute of Fundraising

Market Towers, 1 Nine Elms Lane, London, SW8 5NQ
Tel: +44 (0) 20 7627 3436 Fax: +44(0) 20 7627 4754
www.institute-of-fundraising.org.uk

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UK CHARITY EVENTS

"We welcome charity events that provide for the needs of others and generate enjoyment. The countryside can provide a wonderful arena for these activities.

However, all organisations running charity events need to consider the impact their activity could have on the countryside and arrangements should reflect this.

Large events block roads. They disturb quiet hamlets that are unused to (and ill deserve) the noise and litter. They erode paths already needing millions of pounds worth of attention if our finest landscapes are to be preserved. They get bad press.

We wish you all the best in your event and ask that you adhere to this code to ensure that it isn't to the detriment of our precious countryside."



Martin Fitton
Chief Executive
Association of National Park Authorities

Tel: 02920 499966
Web: www.anpa.gov.uk

If you are considering organising another charity event in the future please observe the full Code: "Outdoor Challenge Events in the UK" which is obtainable from:

Institute of Fundraising, Market Towers,
1 Nine Elms Lane, London SW8 5NQ
or - www.institute-of-fundraising.org.uk

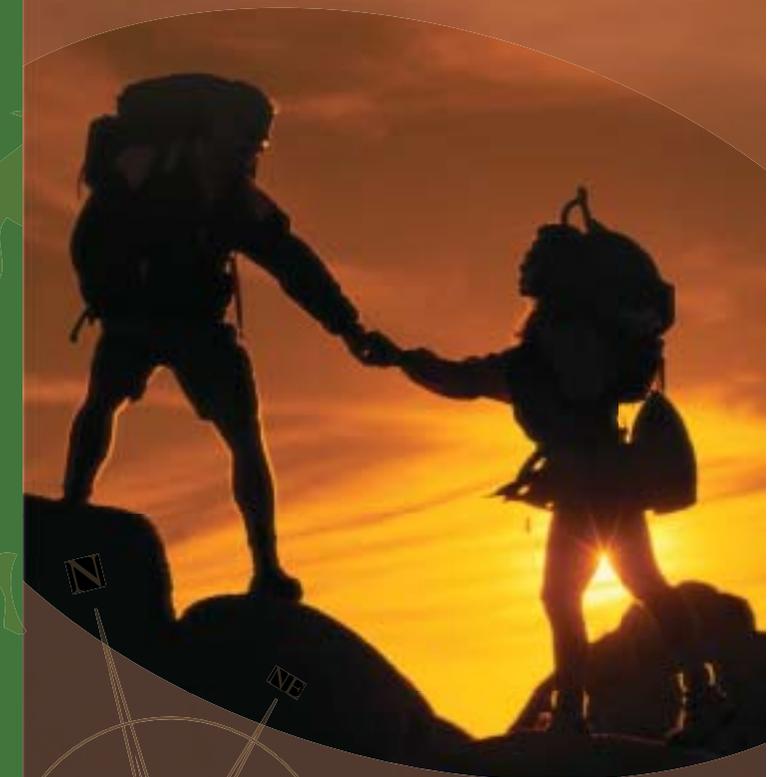
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This leaflet has been produced using funds from CARE International UK as a part of their commitment to the promotion of good practice. All organisations benefiting from challenge events are encouraged to donate a percentage of the funds raised to relevant project in the areas and communities where the events take place.

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UK CHARITY CHALLENGE EVENTS

Are you organising a charity event in the hills?



INSTITUTE OF FUNDRAISING
SUMMARY CODE OF PRACTICE

Institute of
Fundraising

THE ENVIRONMENT AND LOCAL PEOPLE

Excessive numbers of walkers arriving at the same location will cause severe congestion, disturb local residents and damage footpaths. These code of practice guidelines address these issues.

1. Park your vehicles properly and do not block exits, gateways, off road is ideal.
2. Please use local toilets and do not foul the countryside. Take any litter home with you, especially drink cans.
3. Remember that this is a working environment. Gates should be closed behind you and respect the needs of the local farmers.
4. Keep to the footpaths. Short-cuts can cause enormous damage, keep in single file in narrow sections.
5. The limit for charity events should be 200. To avoid congestion split into smaller groups. As well as being better for the hill users, it is more enjoyable for you.
6. Do not disturb or inconvenience local people.
7. Do not arrive, start or finish between 12 Midnight and 5am.
8. Report any damages to local rangers, landowners and event manager.
9. Before leaving, check that you have removed any trace of your visit, especially litter.
10. Inform Local Authorities of the event especially managing bodies such as The National Parks and The National Trust. Listen and react to their advice if there are any sensitive environmental issues.
11. Always ensure you have permission from the landowner to hold your event.

THE THREE PEAKS CHALLENGE

Ben Nevis > Scafell Pike > Snowdon

1. Inform authorities at Ben Nevis, Scafell Pike and Snowdon of your event - timing and numbers.
2. If possible avoid weekends.
3. Limit walkers to no more than 200 per event.
4. Stagger start times and avoid congestion.
5. Check equipment and experience levels.
6. No arrival or departure between 12 Midnight and 5am at any location with settlement.
7. To avoid congestion, completely avoid late June and early July.
8. Brief all walkers on routes on every mountain, equipment and training.
9. Do not use large coaches - only minibuses as roads are narrow.
10. Inform rescue services beforehand, for larger events.
11. Provide high quality marshals with local experience. Do not expect the local Mountain Rescue services to provide this.
12. Do not rely on mobile phones - use VHF radios for communication.
13. Have a plan for accidents, emergencies and poor weather.
14. Local amenities are often limited - use motorway service areas and other facilities en route.
15. Use Glen Nevis Visitor centre as the start point for Ben Nevis.
16. Avoid starting at Wasdale, do not use Wasdale green as a car park. Water supplies are limited so bring your own.
17. At Snowdon, parking is difficult at Pen-y-Pass. Disembark only.
18. Check and clean toilets and clear litter before leaving.
19. Report any damage.
20. Do not speed between mountains; agree driving times before hand and observe legal speed limits.
21. Avoid bank holidays.

YOUR SAFETY AND CONDUCT

Participants

If you are part of a larger event, then the safety issues should have been covered for you by the organisers. All the participants should take special note of the dangers and challenges that are faced in the mountains.

1. Make sure that you are fit to complete the event.
2. Fully understand the route that you are taking and make sure that you leave details with someone else that include your estimated time of return.
3. Within your group you should have someone with previous hillwalking experience.
4. Make sure that your equipment - especially clothing and footwear - is suitable for the mountains. Waterproof and wind proof materials are essential.
5. Take emergency provisions and take spare clothing in your rucksack. Be prepared for extreme weather conditions.
6. Do not rely on mobile phones. If part of a larger event, the organisers should provide radio sets and marshals at regular intervals.

Marshals

1. Must have relevant experience and local knowledge.
2. Be equipped to deal with incidents.
3. Have clear instructions and good communications with the organisers.
4. Inform the local mountain rescue services of your event.
5. Have a plan for incidents, even the worst.
6. Prepare for extreme weather and have a plan for a shut down procedure if required.
7. Check all participants' equipment and reserve the right to refuse access to the event if this is not acceptable.

Organisers

1. Brief all marshals and participants on safety, keeping to agreed routes, amenities, equipment, timing, training, parking, road safety and ability levels required.
2. It is advisable to screen participants to ensure that they all are capable of completing the event.

Communications

1. Effective communication is vital to safety and managing the event.
2. Never rely on mobile telephones in mountainous areas - VHF radio is recommended.
3. Always have a central control centre.

